

Creamy Thai Vinaigrette

Prep Time: 15 minutes Cook Time: 0 minutes Total Time: 15 minutes

Servings: 8 Serving Size: 2 tablespoons

Ingredients:

1 ½ tablespoons peanut, almond, or sunflower butter

3 tablespoons full fat canned coconut milk*

2-3 tablespoons cilantro

1 tablespoon soy sauce, tamari, or coconut aminos

1 tablespoon apple cider vinegar

1 tablespoon fresh lime juice

2 teaspoons honey or agave

1 clove garlic, minced

1-inch piece of ginger, peeled and chopped

¼ teaspoon salt

1/4 cup olive oil

2 tablespoons sesame oil

Directions:

- 1. Drop the ginger and garlic into a food processor and run machine until minced. Add all remaining ingredients except oil into the food processor and process until smooth.
- 2. With the machine still running, add the olive and sesame oil in a slow, steady stream and continue blending until emulsified.

Tips and Tricks:

*Leftover coconut milk is great in smoothies for your morning breakfast.

Nutritional Information Per Serving:

Calories: 127
Fat: 13 g
Cholesterol: 0.0 mg
Sodium: 260 mg
Total Carbohydrate: 2.9 g
Dietary Fiber: 0.3 g
Sugars: 1.7 g
Protein: 0.7 g