

Tzaziki Sauce

Prep Time: 10 minutes

Cook Time: 0 minutes

Total Time: 10 minutes

Servings: 4

Serving Size: ¼ cup

Ingredients:

1 cup plain non-dairy yogurt
1 tablespoon dried dill
½ cucumber, peeled and diced
1 garlic clove, minced
1 teaspoon apple cider vinegar
Juice of half a lemon
Salt and pepper to taste

Directions:

1. Mix all ingredients in a bowl. Cover and chill until ready to serve.

Tips and Tricks:

Serve with falafels☺

Nutritional Information Per Serving:

Calories: 58.7
Fat: 1.1 g
Cholesterol: 0 mg
Sodium: 20.8 mg
Total Carbohydrate: 11.9 g
Dietary Fiber: 1.4g
Sugars: 5.3 g
Protein: 0.8 g